



Dr. Lisa Cooney, MFT
Master Theta Healer
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INFORMED CONSENT and GENERAL AGREEMENTS

CONFIDENTIALITY

All information discussed in psychotherapy is confidential, except there are legal and ethical limitations that a licensed Marriage and Family Therapist must abide by. They are:

- 1) Reasonable suspicion that you are a danger to yourself or others, suicidal or homicidal
- 2) Any incidents of child, spousal, fiduciary or elder abuse by yourself or someone else that indicates that a person may be in current danger,
- 3) A court order for me to either appear in court, or to produce a client's chart.
- 4) A crime is being planned.

Insurance information: At your request, my office can work with your PPO insurance. My office will provide you with a receipt, which requires a diagnosis and potential a treatment summary. You will need to fill out all information on the form, except diagnosis and signature. It is my policy not to release copies of my notes to insurance companies. **Payment is made at time services are rendered and the insurance company will reimburse you directly.**

FEES and PAYMENT AGREEMENT

All payments are to be made through the secured LEI website prior to session which is confirmation of your appointment at

<http://lifeempowermentinstitute.com/home/individual-sessions/>

**Payment is due 48 hours prior to session to confirm your appointment. If you cancel 48 hours or earlier prior to session a refund will be given. No services will be rendered without payment.*

EMAIL, PHONE CHECK IN and CRISIS INFORMATION

EMAIL: In order to insure your privacy and to maintain the integrity of live therapeutic work I am not available via email in between sessions. Under special circumstances if information needs to be sent by email, clear agreements and guidelines will be provided in session to best facilitate the communication. Please note that there is a \$15.00 investment for any email material I am provided to read and review as part of our healing work.

PHONE: If you need to speak with me between scheduled sessions, you may leave a message at **(415) 373-4245**. My office will return your call within 48 hours. Please note, my assistant generally retrieves messages and relays them to me. If you need to discuss something in between our sessions I offer 15 minutes at no charge. Please remember to leave your number and a few specific times when you can be reached.

CRISIS: If you need to speak with me about something that has occurred and are in a crisis you may schedule a 60 minute phone or live session depending on availability. However, **if you are in an emergency situation and need immediate assistance**, please call 911 or 411 for the crisis center in your area code. For Sonoma County Residents the 24 hour Emergency Mental Health Hotline number is: 800-746 8181 and for San Francisco is: 800-971-0016 or 415-752-3778

SCHEDULING AND CANCELLATION POLICY

A 48 hour notice is due for canceling appointments. If you are experiencing hesitation about showing up, it usually means a breakthrough in your work is about to occur. So come on in and let's handle it together. **It is best to set up a follow up session prior to leaving the office or at end of phone session.**

TERMINATION

Termination is sometimes one of the most difficult and important parts of the therapeutic process. Although the decision to end therapy is ultimately yours, I request that we discuss this matter together before your decision is made. In some circumstances people feel that they want to terminate therapy when they are about to face something that is uncomfortable, yet potentially very fruitful. For this reason, I request at least one session prior to termination for healthy closure. To gain the most benefit from therapy, I recommend at least four sessions for the termination process if we have been working together for 6 months or more.

ALTERNATIVE HEALING MODALITIES*

I hold extensive training and certification in Heart-Centered Hypnotherapy, Breath Therapy (Breath work), Psychodrama, Meditation, Reiki Master, Crystal healing and Theta Healing™.

*Theta Healing™ and other alternative healing modalities are practiced under My Universal Life Church Minister license and are not held under the terms and conditions of my MFT licensure. These alternative forms of healing are considered spiritual practices rather than traditional psychotherapy.

My aim is that within the first session, you will be able to go somewhere you never went before, frame your issues differently than you have heard, go to the core immediately with ThetaHealing™, move it out of your body with energetic body/breath work techniques and replace on 4 energetic levels (core, genetic, history and soul) new, more functioning and updated behavior patterns that give you hope, liberty and the reclamation of your full soul filled essence/spirit/being.

I welcome any questions you may have regarding these policies or the therapeutic process in general.

Client: _____ Date: _____

Guardian: _____ Date: _____

Therapist: _____ Date: _____